



## AYURVOLOGY PRODUCTS CURRENT LIST 01/28/18

[INFO@AYURVOLOGY.COM](mailto:INFO@AYURVOLOGY.COM)  
(786)343-7066

PRODUCT	SHORT DESCRIPTION	USES	INGREDIENTS	DIRECTIONS	PRICE
<b>Tinctures</b>					
Willow Bark, 1oz	Pain Relief	Contains salicin and flavonoids. It is pain relieving and anti inflammatory making it great for headaches and general pain.	Willow Bark, Apple Cider Vinegar	25 drops as needed	\$15
Dandelion, 1 oz	Liver Health	Enhances liver functions, helps with hyperacidity, congested lymph, breast cancer, diabetes	Dandelion Root, 50% Organic Grain Alcohol	One dropper full with small amount of water three times a day	\$15
Circulation, 1 oz	Circulatory System	Brings heat to cold extremities, deep seated rheumatoid pain, increases saliva	70% Organic Grain Alcohol, Ginger Root, Prickly Ash	One dropper full with 4 oz water. Sip slowly. Up to three times a day.	\$15
Milk Thistle, 1 oz	Liver Health	Decreases damage to the liver that's been caused by prescription medications, antibiotics, pollution, heavy metals	Milk Thistle Seeds, 70% Organic Grain Alcohol	One dropper full with water twice a day on empty stomach	\$15
Gentian, 1 oz	Digestive Aid	Increases appetite, Increases liver functions, herpes, ulcers, diabetes, cancer	Gentian, 50% Organic Grain Alcohol	5 to 20 drops before each meal	\$15
Shepherd's Purse, 1 oz	Stops Heavy Bleeding	Excessive menstruation, nosebleeds, diarrhea, wounds	Shepherd's Purse. 50% Organic Grain Alcohol	20 drops on empty stomach up to 3 times per day	\$15



## AYURVOLOGY PRODUCTS CURRENT LIST 01/28/18

[INFO@AYURVOLOGY.COM](mailto:INFO@AYURVOLOGY.COM)  
(786)343-7066

PRODUCT	SHORT DESCRIPTION	USES	INGREDIENTS	DIRECTIONS	PRICE
<b>Immunity Elixir, 1 oz</b>	<b>Immune System Strength</b>	Low energy, allergies, colds, fevers, coughs, repeated illness	Red Clover, Tulsi, Echinacea, Ginger Root, Elderberries, Shisandra Berries, Lemongrass, 60% Vegetable Glycerin	Maintenance: 1 dropperful twice per day  Acute Illness: 1 dropperful every 2 hours	\$15
<b>Milky Oat Seed, 1 oz</b>	<b>Nervous System Restorative</b>	Strayed nerves, headaches, insomnia, Vit B complex, multiple sclerosis, nerve repair	Milky Oat Seed, 50% Organic Grain Alcohol	10 to 20 drops up to 4 times per day	\$15
<b>Saw Palmetto, 1 oz</b>	<b>Prostate Health</b>	Enlarged prostate, PCOS, hair growth	Saw Palmetto Berries, 60% Organic Grain Alcohol	30 to 60 drops on empty stomach up to 4 x daily	\$15
<b>Lobelia, 1 oz</b>	<b>Relaxes Entire System</b>	Muscle pain, insomnia, acute asthma attacks, convulsions, seizures, headaches, muscle spasms	Lobelia, Organic Apple Cider Vinegar	10 to 20 drops up to 4 times per day	\$15
<b>Valerian Root, 1 oz</b>	<b>Nervous Relaxant</b>	Insomnia, hysteria, delirium, convulsions, epilepsy, nervous cough, migrane, vertigo	Valerian Root, 70% Organic Grain Alcohol	30 to 90 drops up to 4 times per day	\$15
<b>Pau d orco, 1 oz</b>	<b>Fungal Infections</b>	Fungal infections, candida, cancer	Pau D Orco, 60% Organic Grain Alcohol	30 to 45 drops up to 4 times per day	\$15



## AYURVOLOGY PRODUCTS CURRENT LIST 01/28/18

[INFO@AYURVOLOGY.COM](mailto:INFO@AYURVOLOGY.COM)  
(786)343-7066

PRODUCT	SHORT DESCRIPTION	USES	INGREDIENTS	DIRECTIONS	PRICE
St. John's wort, 1 oz	Anti Depressant	Nerve pain, mild depression, herpes, viral infections, first degree burns, sciatica	St Johns Wort, 50% Organic Grain Alcohol	40 to 60 drops up to 4 times per day	\$15
Motherwort, 1 oz	Heart and Uterine Relaxant	Irregular heart beat, high blood pressure, anxiety, anger, menstrual cramps	Motherwort, 60% Organic Grain Alcohol	30 to 60 drops on empty stomach up to 4 x daily	\$15
Skullcap, 1 oz	Cools Nervous System	Insomnia, tremors, epilepsy, convulsions, high blood pressure, headaches	Skullcap, 50% Organic Grain Alcohol	20 to 60 drops up to 4 x daily	\$15
Blue Cohosh, 1 oz	Menstrual Health	Absence of menstruation, uterine stimulant useful for labor, reduces uterine inflammation	Blue Cohosh, 60% Organic Grain Alcohol	20 to 40 drops up to 4 x daily	\$15
Black Cohosh, 1 oz	Menopausal Health	Hot flashes, menstrual cramps, headaches, nerve pain, sciatica, fibromyalgia	Black cohosh, 80% Organic Grain Alcohol	15 to 25 drops as needed	\$15
Vitex, 2 oz	Hormonal Balance	Hot flashes, infertility, endometriosis, PCOS, Hormone related acne, menstrual cramps	Vitex berries, 65% Organic Grain Alcohol	30 to 60 drops up to 4 x daily	\$25
Rhodiola Root, 1 oz	Alertness	Enhances alertness, depression, ADHD, head trauma, parkinson's, alzheimers, memory	Rhodiola Root, 60% Organic Grain Alcohol	40 to 60 drops up to 4 times per day	\$15



## AYURVOLOGY PRODUCTS CURRENT LIST 01/28/18

[INFO@AYURVOLOGY.COM](mailto:INFO@AYURVOLOGY.COM)  
(786)343-7066

PRODUCT	SHORT DESCRIPTION	USES	INGREDIENTS	DIRECTIONS	PRICE
<b>Cayenne , 1 oz</b>	<b>Cardiovascular Health</b>	Indigestion, sinus congestion, poor circulation, joint pain, menstrual pain, increases HCL	Cayenne Pepper, 95% Organic Grain Alcohol	5 to 15 drops as needed	\$15
<b>Calamus Root, 1 oz</b>	<b>Cognitive Health</b>	Removes phlegm from brain area helping with sinus congestion, epilepsy, convulsions, shock, loss of memory, loss of speech increases focus	Calamus Root, 60% Organic Grain Alcohol	15 to 45 drops up to 4 times per day	\$15
<b>Kava Root, 1 oz</b>	<b>Nervous System Health</b>	Social anxiety, insomnia, depression, muscle pain	Kava Root, 60% Organic Alcohol	30 to 90 drops up to 4 times a day	\$15
<b>Angelica, 1 oz</b>	<b>Menstrual Health</b>	Absence of period, fibroids, uterine cramps, infertility	Angelica Root, 60% Organic Grain Alcohol	20 to 40 drops up to 4 x daily	\$15
<b>Oils</b>					
<b>Organic Abhyanga Massage Oil</b>	<b>Balance</b>	Relaxing, grounding, nourishing to the entire nervous system	Coco Oil, Ess Oils of: Lavender, Blue Camomile, Jasmine, Elemi, Neroli, Patchouli	Apply to entire body once or twice a day. Massage until oil is mostly absorbed.	\$15
<b>Nasya Oil, 1 oz</b>	<b>Cognitive Health</b>	Sinusitis, dry nostrils, memory, alertness, focus	Brahmi, Calamus, Tulsi, Sesame Oil	Tilt head back and sniff 5 drops in each nostril	\$15



## AYURVOLOGY PRODUCTS CURRENT LIST 01/28/18

[INFO@AYURVOLOGY.COM](mailto:INFO@AYURVOLOGY.COM)  
(786)343-7066

PRODUCT	SHORT DESCRIPTION	USES	INGREDIENTS	DIRECTIONS	PRICE
<b>Breathe Easy, 1/2 oz</b>	<b>Sinus Decongestant</b>	Sinusitis, headaches, energy, lung congestion, sinus congestion, pain	Lavender, calamus, peppermint, camphor, eucalyptus, rosemary	couple of drops to palm of hand, rub vigorously and take deep breath	\$10
<b>Calendula Oil , 4 oz</b>	<b>Skin Health</b>	Eczema, dry skin, anti fungal, lymph congestion, hives	Calendula, Sesame Oil	Rub on problem areas as needed	\$20
<b>Brahmi Oil, 4 oz</b>	<b>Brain Health</b>	Insomnia, Memory, Concentration, Hair growth	Brahmi, Sesame Oil	Rub on head, for insomnia rub on soles of feet before sleep	\$20
<b>Hair Growth Oil, 4 oz</b>	<b>Hair Growth</b>	Prevent hair fall, strengthens hair follicles, prevents premature greying, stimulate new hair growth	Brahmi, coriander seeds, horsetail, bringaraj, lavender, rosemary, coconut oil	Rub on scalp vigorously once per day and leave it on	\$20
<b>Heal All Ointment, 4 oz</b>	<b>Skin Health</b>	Hives, Rashes, burns, wounds, itching, eczema, psoriasis, dry skin	Yarrow, Calendula, Comfrey Root, Sesame Oil, beeswax, Vitamin E	Apply to affected area as needed	\$20



## AYURVOLOGY PRODUCTS CURRENT LIST 01/28/18

[INFO@AYURVOLOGY.COM](mailto:INFO@AYURVOLOGY.COM)  
(786)343-7066

PRODUCT	SHORT DESCRIPTION	USES	INGREDIENTS	DIRECTIONS	PRICE
Beautiful Legs, 4 oz	Circulation Health	Spider veins, Varicose veins, phlebitis, cellulite	Oak Bark, Prickly Ash Bark, Ginger, Willow Bark, Sesame Oil, eo's lavender, ginger, juniper berries, grapefruit	Apply to affected area twice per day	\$20
<b>Capsules, 90 count</b>					
Vitality	Overall System Health	Impotence, energy, kidney and bladder tonic, increases sperm count	Shilajit, Gokshura, Aswaghandha	2 capsules up to 2 x per day	\$25
Mental Power	Cognitive Health	Memory, concentration, alertness, weakness, ADHD	Brahmi, Ashwaghandha, Bringaraj, Cardamom, Shankapushpi	2 capsules up to 2 x per day	\$25
Parasite Cleanse	Parasite Detox	All types of worms, deep seated toxins, candida	Black Walnut, cloves, wormwood, vidanga, neem	2 capsules before meals	\$25
Glucose Regulator	Blood Sugar Regulator	Regulates blood sugar, reduces sugar cravings, obesity	Chitrak, Milk Thistle, Shardunika, Ginger	2 capsules before meals	\$20
Arjuna	Cardio Tonic	Heart diseases of all types, High blood pressure, angina, supports healthy	Arjuna	2 capsules on empty stomach	\$20



## AYURVOLOGY PRODUCTS CURRENT LIST 01/28/18

[INFO@AYURVOLOGY.COM](mailto:INFO@AYURVOLOGY.COM)  
(786)343-7066

PRODUCT	SHORT DESCRIPTION	USES	INGREDIENTS	DIRECTIONS	PRICE
<b>Santosh</b>	<b>Nervous System Health</b>	Anxiety, panic attacks, muscle pain, menstrual cramps	Chamomile, passionflower, skullcap, bringaraj, bala	2 to 4 capsules as needed	\$20
<b>Women's Support</b>	<b>Menstrual Support</b>	Menstrual cramps, heavy bleeding	Ashoka, hibiscus	2 capsules 3 times per day starting the day before menstruation	\$20
<b>Powders</b>					
<b>Ashwaganda, 6 oz</b>	<b>Stress Support</b>	Hypothyroid, anxiety, insomnia, brain tonic, weakness after illness, impotence, anemia, rheumatoid arthritis	Ashwagandha	1/2 tsp up to 3 x per day with juice, milk, or water	\$20
<b>Shatavari, 6 oz</b>	<b>Uterine Tonic</b>	Debility of female organs, infertility, miscarriage prevention, menopause, hot flashes	Shatavari	1/2 tsp up to 3 x per day with juice, milk or water	\$20
<b>Triphala, 2.5 oz</b>	<b>Digestive Tonic</b>	Digestive tract tonic, constipation, ulcers, inflammatory bowel disease, eye tonic, stops food cravings	Triphala	1/4 tsp with hot water in shot glass @night. After two week use 1/2 tsp	\$15
<b>Shilajit, 2 oz</b>	<b>Overall System Tonic</b>	Enhances virility, lowers blood sugar, anemia, kidney stones, adrenal insufficiency	Shilajit	1/8 tsp with water, milk, or juice to start. Work your way up to 1 tbsp increasing dosage times 2 every 2 weeks	\$35



## AYURVOLOGY PRODUCTS CURRENT LIST 01/28/18

[INFO@AYURVOLOGY.COM](mailto:INFO@AYURVOLOGY.COM)  
(786)343-7066

PRODUCT	SHORT DESCRIPTION	USES	INGREDIENTS	DIRECTIONS	PRICE
Slippery Elm Bark, 5 oz	Digestive Tract Repair	Repairs damaged intestinal lining, ulcers, IBS, Crohns, Leaky Gut Disorder, Hyperacidity, Constipation	Slippery Elm Bark	1 tbsp of Slippery Elm blended with 1 tbsp of honey and a bit of water. Eat up to twice a day between meals	\$20
Churna Spice Mix, 3.5 oz	Digestive Spice	Digestive spice mix to help absorb nutrients more efficiently	Coriander, Turmeric, Fennel, Sea Salt, Cayenne	Use to cook with	\$10
Fertility Tonic, 6 oz	Fertility Tonic	Infertility, uterine tonic	Shatavari, Vidari Kanda	1/2 tsp up to 3 x per day with juice, milk or water	\$20
Men's Reproductive, 6 oz	Men's Sexual Health	Impotence, low sperm count, sperm motility	Ashwagandha, Kapikacchu, Bala, Cinnamon	1/2 tsp up to 3 x per day with juice, milk or water	\$20
Chitrak, 6 oz	Digestive Health	Weight loss, worms, parasites	Chitrak	1/2 tsp before meals	\$20
Tremors Blend, 6 oz	Nervous System Support	Reduces shaking of extremities, Parkinson's	Shankapushpi, Kapikacchu	1/2 tsp up to 3 x per day with juice, milk or water	\$25
<b>Tea Blends</b>					
Weight Loss Tea 6oz/12oz	Detox Tea	Detox body and lymph system, ideal for shedding those extra pounds	Lemon Balm, Lemon Verbena, Burdock, Dandelion Root, Ginger, Fennel	1 tsp per 8 oz of water. Up to 4 cups per day	\$20/\$30





## AYURVOLOGY PRODUCTS CURRENT LIST 01/28/18

[INFO@AYURVOLOGY.COM](mailto:INFO@AYURVOLOGY.COM)  
(786)343-7066

PRODUCT	SHORT DESCRIPTION	USES	INGREDIENTS	DIRECTIONS	PRICE
<b>Insomnia Tea</b> 6oz/12oz	<b>Sleep Enhancer</b>	Helps you get to sleep and keeps you asleep	Chamomile, passionflower, hops, lobelia, fennel	1 tsp per 8 oz of water. Drink an hour before bedtime	\$20/\$30
<b>Kidney Bladder Blend, 6oz/12oz</b>	<b>Kidney/ Bladder Tonic</b>	Tonify your kidneys and bladder with this amazing herbal blend	Cornsilk, Goldenrod, Gokshura, Cinnamon, Uva Ursi	1 tsp per 8 oz of water. Up to 4 cups per day	\$20/\$30
<b>Lung Tonic, 6oz/12oz</b>	<b>Respiratory System Health</b>	Tonify your lungs and renew your lungs with this excellent blend	Mullein, Lobelia, Ellecampagne, Lungwort, Ginger	1 tsp per 8 oz of water. Up to 4 cups per day	\$20/\$30
<b>Kits</b>					
<b>Ayurvedic Master Cleanse</b>	<b>System Detox</b>	Renew and refresh with this Ayurvedic 2 week detox	Milk Thistle, Dandelion, Triphala, Churna Spice Mix Recipes and detailed instructions	Detailed Detox Instructions in pamphlet	\$99